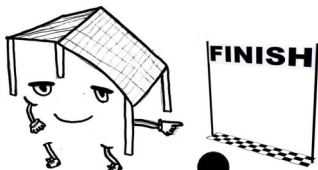


**RUN
FOR
OUR
REC**



2017

Join us for the 5th annual
"Run for the Rec"
Sunday, June 4, 2017



**A 5k Fun Run/Walk hosted by the
McKnight Women's Club.**

Runners and walkers of all levels are welcome to participate.

Race day check in and registration starts at 8:00 AM

The race will begin at 9:00 AM, rain or shine.

Participants registered by May 7th pay a discounted rate and are guaranteed a race t-shirt.

Awards will be presented to the overall male and female winners, along with six age category, male and female, first, second and third place finishers. That's 38 medals in all!

MCKNIGHT VILLAGE RECREATION CENTER

201 Henderson Road, McKnight PA 15237

SUNDAY, JUNE 4, 2017

5K Run / Walk

online registration & more information • www.mcknightwomensclub.com

\$35 EARLY BIRD FAMILY RATE, \$15 EARLY BIRD INDIVIDUAL RATE

after May 15th ~ \$50 family rate, \$20 individual rate

Return bottom portion along to: Marlene McEwen, 401 Fox Drive, Pittsburgh 15237, along with check payable to MWC.

Official Entry Form — Run for the Rec 5k Run/Walk June 4, 2017

⇒ Please list each participant's name, birth date, sex, and t-shirt size on the back. ←

Contact Information:

Name _____

Address _____ City _____

State _____ Zip _____ Phone (_____) _____

Email _____

Amount paid: \$ _____ (please make check payable to McKnight Women's Club)

⇒ Please list each participant's name, birth date, sex, and t-shirt size on the back. ←

Waiver — In consideration of your accepting this entry, I, the below signed; whether it be for myself or as the legal guardian/parent of the registered participant(s) intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against the race, its sponsors and their representatives, successors and assigns, including the McKnight Women's Club, the McKnight Village Civic Association, and US Track & Field, for any and all injuries suffered by me in said event. I attest that I will participate in this event voluntarily that I am sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Date _____ Signature of 1st Adult Entrant / Parent _____

Date _____ Signature of 2nd Adult Entrant / Parent _____

Register up to two adults per form.

Each adult should sign the waiver on the front.

You can register up to five members of your immediate family.

A family registration covers up to 2 adults and their 3 children.

All participants registered by May 15 are guaranteed a shirt.

Sex and Birth date are only required to be eligible for medals.

More questions? Email MWC_admin@comcast.net

Name	Sex	Birth date	T-Shirt Size	I am a
First and Last	Circle one	MM/DD/YYYY	Circle one	Circle one
_____	M F	___/___/____	Adult S M L XL XXL Youth XS S M L No shirt	Timed Participant Untimed Participant
_____	M F	___/___/____	Adult S M L XL XXL Youth XS S M L No shirt	Timed Participant Untimed Participant
_____	M F	___/___/____	Adult S M L XL XXL Youth XS S M L No shirt	Timed Participant Untimed Participant
_____	M F	___/___/____	Adult S M L XL XXL Youth XS S M L No shirt	Timed Participant Untimed Participant
_____	M F	___/___/____	Adult S M L XL XXL Youth XS S M L No shirt	Timed Participant Untimed Participant